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## Work at Height - 2 Day Course

Various Dates 2018

### Course Outline

On completion, participants will be able to climb a fixed ladder, use fall protection equipment, understand the hazards, risks and basic rescue techniques associated with working at height in a wind turbine generator. Participants will be trained to use a constant rate descender for self evacuation and rescue of a colleague.

### Who Should Attend?

Those who want to complete the Global Wind Organisation Basic Safety Training Standards Working at Heights Module.

The training course is approved and fully meets the requirements by RenewableUK and the Global Wind Organisation Basic Safety Training Standards Working at Heights Module.

### Course Content

- Risks associated with working at height in wind turbine generators
- Legislation, regulations, approved codes of practice and best practice for work at height in/on wind turbine generators
- Planning work – Safe system of work (permits, procedures, tool box talks, risk assessments for work at height activity in wind turbine generators
- Selection, pre and post use check, and storing of PPE
- Correct fitting and use of equipment
- Practical climbing and descending techniques of fixed ladders and use of fall protection systems
- Conflicting activities, environmental factors and manual handling
- Basic rescue principles and techniques using a constant rate descender
- Practical rescue techniques of self and colleague

Contact:

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## Course Method

There is a strong emphasis on practical exercises during the course delivery. There is a 4:1 trainee to instructor ratio on this course.

## Training Facility

The training facility has a range of structures installed designed to simulate and facilitate rope access, work at height and rescue scenarios which you will encounter in your work environment.

Structures range from 3M to 10M in the internal training area including platforms, internal training shafts, lattice towers, rope access training towers and platforms, and fire training areas. The internal facilities are complemented by a 23M external training tower which is used for IRATA rope access and work at height training courses.

A range of simulated hub structures are also in place for the wind energy courses. Classroom facilities have free Wi-Fi access.

## Certification

The RenewableUK and Global Wind Organisation certificate is valid for 2 years from the assessment date. An ARCH photographic ID card will be issued on completion of the course

## Admission Requirements

Those attending should be medically and physically fit to carry out the practical part of the course and free from medical contra-indications that may prevent them from working safely at height (A list of conditions that could affect practical training and work at height is available on request).

**Course participants will be required to self-certify their medical and physical fitness before commencement of the course.**

Any persons weighing over 136KG should advise ARCH before booking on this course.

Candidates must hold a valid and in date RUK Working at Height & Rescue – Wind Turbines / GWO Working at Height certificate to enrol for one day re-certification training. The certificate must be in date on the date of the re-certification course. If the certificate has expired by one day or more then candidates must complete a two day course. Participants should be aged 18 years or over.



# Work at Heights - 2 Day Course

Date: \_\_\_\_\_ (fill in dates here)

Time: Registration: 09:00am Start: 09:30am Finish: 5:00pm

Location: Unit 3 Manderwood Park, Lisnaskea, Co Fermanagh, BT92 0FP  
OR The Boiler House, Shannon Airport, Co. Clare

Cost: Company Member : €320

Non Company Member : €525

Trainer: Arch

I wish to reserve:  Total   
No. of Places:  €

## Trainee (s) Details

Name of Trainee: \_\_\_\_\_

Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Invoice Contact Name: \_\_\_\_\_

**Please tick your preferred method of payment. Please note payment must be received in advance of course.**

**Failure to give 48 hours notice of cancellation will result in loss of refund**

## Payment Options:

Cheque  Credit Card

Invoice  PO Num-  ber

Accounts Payable Details:

Credit Card Number

Expiry:  Name:  CVV No:

Name / Email: \_\_\_\_\_

Address : \_\_\_\_\_

Please forward Registration Form & Payment to Wind Skillnet, c/o IWEA Sycamore House, Millennium Park,

Naas, Co. Kildare OR Email: [ross@iwea.com](mailto:ross@iwea.com) Tel: +353 (0) 45 899341

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